#### "Maintaining Adequate Trackbed Structural Support – An Important Railway Infrastructure Issue"



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Time: Seminar Begins 12:15

Location: Newmark Lab, Yeh Center, Room 2311 University of Illinois at Urbana-Champaign

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Maintaining Adequate Trackbed Structural Support: An Important Railway Infrastructure Issue Outline

**Evolution of Trackbed Designs** 

Problems

Idealized Trackbed/Roadbed Configuration

Various Structural Design Methods

**Innovative European Practices** 

**Concluding Comments** 





## Railroad Track and Roadbed Designs in the U.S. -----





Evolved



## First

# The Track was Laid on the Natural Ground







Then came the Ballast Rock and Ditches





## So the All-Granular Trackbed/Roadbed ---Evolved



#### And is by far the most prominent type of Track Structure today





Plus larger and better rail

Plus concrete, steel and composite ties

Plus more significant fastenings and OTM

#### Drainage – Drainage ?? OR Support – Support – Support ??





## Surface Problem (Cross level)

### Track Settlement and Pumping



## Profile Trouble Spots





#### **Pumping and Settlement**





#### **Settlement**

## Track Surfacing



Purpose: Adjust Geometry ---Horizontally (line) and Vertically (surface and cross level) Add Ballast

Adjust Ballast



## Tamper Pulling Track



**Restore Geometry** 

## Idealized Track Cross-Section



• Railroad track and structure are designed to be economical and easy to maintain

**Constantly evaluating Alternatives** 

Benefits compared to Additional Costs

#### • Basic Requirements

• Track must support the loadings and guide the train's path

#### • Track Quality Determines

- Permissible wheel loadings
- Safe speed of the train
- Maintenance of track geometrics
- Overall safety of operations
- Dependability/Efficiency of operations
- FRA Class of Track -- 1,2,3,4,5,6,7,8,9



Class 1 Track 10 mph or less Class 2 Track 25 mph freight 30 mph passenger Class 4 Track 60 mph freight 80 mph passenger



## Track Functions

- Maintain vehicles on a fixed guideway
- Provide a high vehicle ride quality
- Withstand and distribute loadings
  - Static (36 tons/axle) or (36,000 lbs./wheel)
  - Plus Dynamic (Impact)





## Trackbed/Roadbed Functions

#### **Combined** as a System

Ballast



• Subballast

#### Support the Track and the Imposed Loadings

• Subgrade

### Interaction, Vertical Load Distribution, and Deflections



STATIC WHEEL LOAD 100 - TON CA APPROXIMATE 38 A75 1A5. INTENSITY OF STRESSES, IN POUNDS PER EFINITIONE Source INCN 000 70 6.000 AS.A 5 TO 70 MEL (BASE OF TIE) TO 23 AS1. (z+ INCNES BELOW THE BASE) THIS IS ONLY THE AVERAGE BURE AT THE THE BASE. MUCH HIGHER STRESSES UR AT CONCENTRATION PDV ~~ 77

Components do not function independently! Each component layer

must protect the one below.

Each component contributes.

It is a System.....

## <u>Ballast</u>



Supports the Track Distributes Loadings\*\* Drains the Track



Provides Resilience Anchors the Track Must be Adjustable

## <u>Subballast</u>

- Similar to highway base material (DGA)
- Fine grained has smaller top size and more fine-size particles than ballast
- Compacts tight and dense with low % voids
- Supports/Confines the ballast Distributes loadings to subgrade Separates ballast from subgrade Waterproofs the subgrade



**Use AREMA Recommended Practices** 

## **Subgrade**

- Supports and distributes the loadings
- Confines the subballast
- Facilitates drainage



• Serves as a working platform for roadbed and trackbed

Can be either foundation or embankment

## Subgrade





#### Use Typical Soils/Geotechnical Technology

Very Important

## Subgrade





![](_page_24_Picture_3.jpeg)

#### Subgrades Vary

#### Must Evaluate

#### **Consider Stabilizing**

#### Top 2 Feet Important

### <u>Structural Design</u> Methods used to design track and cross-section

- Trial and Error based on experience
- Empirical based on trial and error
- Empirical/Rational measure loadings and material properties

![](_page_25_Figure_4.jpeg)

Typical All-GranularTrackbed is NOT the permanent way – varies greatly, must be maintained continuously

![](_page_25_Figure_6.jpeg)

#### MANUAL FOR RAILWAY ENGINEERING

![](_page_26_Picture_1.jpeg)

- Ch. 1 Roadway & Ballast
- Ch. 4 Rail
- Ch. 5 Track
- Ch. 30 Ties

![](_page_26_Picture_6.jpeg)

- Commuter, Transit & High Speed Rail
- Ch. 6 Buildings & Support Facilities
- Ch. 11 Commuter and Intercity Rail Systems
- Ch. 12 Rail Transit
- Ch. 14 Yards and Terminals
- Ch. 17 High Speed Rail Systems
- Ch. 18 Light Density and Short Line Railways
- Ch. 27 Maintenance-of-Way Work Equipment
- Ch. 33 Electrical Energy Utilization

![](_page_26_Picture_16.jpeg)

- Ch. 7 Timber Structures
- Ch. 8 Concrete Structures & Foundations
- Ch. 9 Seismic Design for Railway Structures
- Ch. 15 Steel Structures

![](_page_26_Picture_21.jpeg)

- Ch. 2 Track Measuring Systems
- Ch. 13 Environmental
- Ch. 16 Economics of Railway Engineering and Operations
- Ch. 28 Clearances
- AAR Scale Handbook

#### www.arema.org

## Track Analysis (Pressure Distribution)

- Must determine <u>allowable</u> loads and deformations
- Must determine <u>actual</u> loads and deformations
- Compare and Adjust (component materials and thicknesses)
- Much early work performed by A.N. Talbot and Committee
- Many early researches idealized systems Winkler, Westergaard, Boussinesq, etc.
- Talbot treated track as a continuous and elastically supported beam
- Computer systems (finite element and layered analysis) have been developed recently
- Geotechnical and Pavement Design Technologies are applied

- Thickness Design
  - Talbot

• 
$$P_c = 16.8 P_a / h^{1.25}$$

![](_page_28_Figure_3.jpeg)

- Subgrade Tie
- Somewhat Arbitrary Standard
- Mainly Empirical

![](_page_28_Picture_7.jpeg)

- Distribution of Pressures
  - For ballast pressure

$$P_{a} = \frac{2P_{dyn}}{\left(\frac{2}{3}\right)bL} \times \approx 0.40$$
   
<65 psi

• Talbot developed empirical formula for subgrade pressure

![](_page_29_Figure_4.jpeg)

![](_page_29_Figure_5.jpeg)

![](_page_29_Figure_6.jpeg)

(b) Spring Rates Of Track Components

![](_page_29_Figure_8.jpeg)

![](_page_29_Figure_9.jpeg)

![](_page_29_Figure_10.jpeg)

Figure 15.12. Elements of elastic track support models (from H. C. Meacham et al., "Studies for Rail Vehicle Track Structures," Office of High Speed Ground Transportation, Federal Railroad Administration, Report No. FRA-RT-71-45, Washington, D.C., April 30, 1970).

#### 2.11.2.3 Depth of Ballast Plus Sub-ballast

a. The distribution of loads to depth is approximately the same regardless of the granular material. Therefore the combined depth of sub-ballast and ballast is calculated as a single unit to develop the pressure on the subgrade. Talbot developed an empirical formula for vertical pressure exerted by the ballast under the tie at its intercept with the rail at a depth below the bottom surface of the tie.

$$pc = 16.8 p_a/h^{1.25}$$

where:

- $p_c$  = bearing pressure on subgrade including safety factor
- $p_a$  = uniformly distributed pressure over tie face
- h = depth below face in inches
- b. If the tie pressure pa in pounds per square inch and the bearing capacity of the subgrade pc are known, the minimum depth of ballast in inches required to produce a stable structure is:

 $h = (16.8 p_a/p_c)^{4/5}$ 

c. Assuming an allowable subgrade pressure of 18 psi (a safety factor of 2) and using the unit tie face pressure developed above of 55 psi, solve for ballast depth:

$$h = (16.8 \times 55/18)^{4/5} = (924.0/18.0)^{4/5} = 23.4$$
 inches

d. The capacity of the subgrade including the safety factor must always be equal to or greater than the load placed upon it.

## Track Stiffness (or Modulus)

- Up and down movement (pumping) of track under repetitively applied and released loads is a prime source of track deterioration.
- Design of track should keep deflection to a minimum.
- Differential movement causes wear of track components.
- Modulus is defined: load per unit length of rail required to depress that rail by one unit.

![](_page_32_Figure_0.jpeg)

Track Deflections: Loaded and Unloaded

# KENTRACK 4.1: A Railway Trackbed Structural Design Program Rational Method

- Kentrack is a computer program designed to analyze a railroad track segment as a structure
- Uses Bousinessq's Elastic Theory
- Uses Burmister's Multi-Layer System and Finite Element Analysis to perform calculations

![](_page_33_Figure_4.jpeg)

![](_page_33_Picture_5.jpeg)

## Kentrack

- Critical Stresses and Strains are Calculated at Various Interfaces within the Track Structure
- Design Lives are Predicted for Trackbed Support Layers based on Fatigue Effects (Cumulative Damage Criteria) of Repeated Loadings

- Uses DAMA Program Developed for Highway Pavements (Applicability for RR Trackbeds?)
- Applicable of both Unbound (elastic layers) Granular Trackbeds and Bound (elastic and viscous layers) Granular Trackbeds

#### Trackbed Types

#### > All-Granular

- Ballast, Subballast, and Subgrade
- Asphalt Underlayment
  - Ballast, Asphalt and Subgrade
- Combination
- Ballast, Asphalt, Subballast, and Subgrade

![](_page_35_Figure_7.jpeg)


Service Life Prediction

 $L = \frac{1}{\sum_{i=1}^{n} \frac{N_{p}}{N_{i} or N_{d}}}$ 

Subgrade Service Life

Asphalt Service Life

### Effects of Varying Subgrade Modulus – Sensitivity Analysis Example

- A very critical parameter influencing the quality and load carrying capability of the track structure.
- A subgrade with high moduli provides a stiffer foundation that has greater bearing capacity and increases load carrying capability.



#### Subgrade Compressive Stress vs. Modulus



Subgrade Service Life vs. Modulus

## **Empty Coal Train at Conway**



# **Reduction of Dynamic Stresses\***



\*Source -- AAR Transportation Test Center – Pueblo, CO

Table 2a. Comparison of the KENTRACK Predictive Values (KPV) Versus In-Track Data (ITD) for the CSX Mainline at Conway, Kentucky

Thickness Ballast/HMA inches	Vertical Compressive Stress on <b>Ballast</b> KPV/ITD, psi	Vertical Compressive Stress on <b>HMA</b> KPV/ITD, psi	Vertical Compressive Stress on <b>Subgrade</b> KPV/ITD, psi
10 / 5	47.9 /	21 / 16	13.6 / -
10 / 8	48.7 /	22 / 15	11.7 / -

Table 2b. Comparison of the KENTRACK Predictive Values (KPV) Versus In-Track Data (ITD) at TTCI in Pueblo, Colorado

Thickness	Vertical Compressive	Vertical Compressive	Vertical Compressive
Ballast/HMA	Stress on Ballast	Stress on HMA	Stress on Subgrade
inches	KPV/ITD, psi	KPV/ITD, psi	KPV/ITD, kPa
12 / 4	43.5 / -	11.7 / 14.9	8.3 / 8.0
8 / 8	47 / -	21.9 / 14.9	8.2 / 7.7

# International Applications







Japan Spain

### Austria



### • Rome-Florence: 252 km (1977-1986)

- Debated between cement and asphalt
- Asphalt designated on all future high-speed passenger lines

### Widely Utilized On Italian High-Speed Railways



- Prevents rainwater from infiltrating the layers below the embankment
- Eliminates high stress loads and failures of the embankment
- Protects the upper part of the embankment from freeze/thaw actions
- Gradually distributes static and dynamic stresses caused by trains
- Eliminates ballast fouling

Buonanno, 2000

## Typical Cross Section

- 12 cm of asphalt with 200 MPa modulus
- 30 cm of super compacted subgrade with 80 MPa modulus
- 35 cm of ballast on top





Italian Trackbed Construction – Improved Subgrade on left, prior to addition of Granular and Asphalt Subballasts on right

- Increased safety and structural reliability due to increased modulus and uniformity
- Reduced life-cycle cost on the infrastructure from reduced subgrade fatigue
- Increased homogenization of the track bearing capacity on the longitudinal profile and better ballast confinement
- Reduced ballast fouling due to improved drainage
- Reduced vibration levels throughout the track therefore reducing noise
- Reduced thickness compared to a conventional granular design

Policicchio, 2008

### Advantages of Bituminous Subballast

Teixeira, 2005



#### **Italian Railways Bituminous Trackbed Construction**





Compacting Subgrade and Placing/Compacting Asphalt





Spreading and Compacting Ballast





Falling Weight Deflectometer for assessing Structural Competency

Station View of Completed Asphalt Trackbed

## France





- Paris to Strasbourg highspeed line-- 2007
- 3 km asphalt subballast
- 574 km/hr (357mph) (test)

# The test area for the LGV EE Case Study



Drawn to the LGV EE (www.rff.fr)

- 3 Km Test zone with Asphalt under ballast
- Instrumentation:
  - Temperature Sensors
  - Accelerometers on the sleepers
  - Strain gauges at the base of the layer of asphalt
  - Pressure cells on subgrade support



Construction of the test area - layer of pervious

# Comparative Cross-Sectional Profiles



Figure 13. Traditional and Asphalt Cross Sections (Bitume Info, 2005)



Figure 1. Instrumentation of the EE HSL test zone with bituminous sub-ballast layer: Transversal plan (left) and top plan (right) (Not in scale)















Matériaux	Module (MPa)	Coefficient de Poisson
Rail : acier	210 000	0,29
Traverse : béton	35 000	0,25
Ballast	130	0,35
Grave-bitume ferroviaire	9 000	0,35
	(Fatigue ε <sub>6</sub> = 110.10 <sup>-6</sup> )	
Grave non traitée	3 x E <sub>sol</sub> = 240	0,35
Sol support (Plate-forme)	E <sub>sol</sub> = 80	0,35

# Testing

- Conduct tests for 4 years (2007-2011)
- Temperature sensors continuously recording air temperature
- Pressure Sensors and Strain Gages checked twice a year
- Accelerometers

### Context The coated in the rail

• Benefits of bituminous mixtures in the railway track:



#### ↗ Special features of the rail:

- **7** High speed → Dynamic efforts
- **Axle Loads** High
- Exposure to the Humidity

- **7** Economies in Materials
- **7** Equipment Traffic During the yard
- ↗ Increase of the Stability of the structure
  - . Reduction of Maintenance efforts
- **7** Control of the Vibration



# The test area for the LGV $\ensuremath{\mathsf{EE}}$ $\ensuremath{\mathsf{REX}}$

- Vertical stiffness:
  - **Comparable Values** To those areas utilize framing techniques
  - Variation of stiffness (Standard deviation of the signal EMW) 40% More low That in the common areas (P. E. LAURENS PSIG-VERS-EVT)
- Ground Pressure support:
  - Approximately 50% More low That in areas a classical structure



### The test area for the LGV EE REX - Maintenance (2)

#### **Bituminous Structure** (Pk 110):

- ➤ More low rate of degradation
- Best effectiveness of maintenance work

 $\rightarrow$  Attenuation of the slope after Jam



#### **Classical Structure** (Pk 112):

Degradation rate constant even after maintenance operations



#### **Comments Relative to French Asphalt Track Section**

Reduces overall cross-sectional thickness by 36 cm Reduces quantity of fill material by 5,000 cubic meters/kilometer Pressures under asphalt layer are one-half of granular sections Deflections of asphalt track are one-third of allowable Sleeper acceleration is not affected Less maintenance is required on asphalt track Asphalt track performs well

Based on performance, several more sections are planned



Source: Bitume Info, 2005 & Robinette, 2013



# Partial Findings

- The use of bituminous layers in structure of railway track allows you to reduce the efforts of maintenance
- The complex module and the Poisson coefficient complex are strongly dependent on the frequency of solicitation and the temperature.
- In terms of rigidity, the trains running at high speed does not seem to be problematic for bituminous mixtures.
- The mold flow model 2S2P1D is a tool of great value for the study of bituminous materials

#### **Reference:**

Characterization of Thermomechanical Properties of Coated Bituminous Rail By: Diego Ramirez Cardona SNCF – French National Railways October 31, 2014

# The Wrapped in the rail network French

- **Rail Experiences with bituminous mixtures:** 
  - LGV is European Phase 1:
    - 3 Km Test Area
  - Large PProject proponents:
    - LGV EE phase 2
    - LGV Bretagne Country-de-Loire
    - LGV Atlantic southern Europe-atlantic
    - Workaround
      - Nimes-Montpellier



Large rail projects in France (www.rff.fr)



Figure 2. Parameters of the three studied track configurations (Not in scale) and extract of the mesh for FE calculations (Not in scale)

### Austrian Railways





### **Reasons for Implementing Asphalt Layers**

### How to install an Asphalt Layer?

#### Targets of an Asphalt Layer

- <u>to allow road vehicles running on the sub-layer during</u> <u>construction phase</u> independently from weather and sub-soil situation
- <u>clear separation</u> of sub- and superstructure during the whole service life

#### Advantages

- <u>drainage effect</u> for raining water hindering
  - it penetrating the substructure
- <u>avoiding the pumping up</u> of fines into the ballast
- delivering a certain amount of elasticity
- -<u>homogenising</u> the stresses affecting the substructure



### Long Term Experiences Jauntal, Carinthia



# **Austrian Railways Conclusions**

Asphalt layers improve the quality of track in defining a clear and long lasting separation between superstructure and sub-structure. This separation results in less maintenance demands of track and (thus) longer service lives.

These benefits must be paid by an additional investment of 10€/m<sup>2</sup> within the initial construction.

*Life cycle cost analyses show that it is worth to implement asphalt layers on heavy loaded lines (> 15,000 gt per day and track), as then the annual average track cost can be reduced by 3% to 5%.* 

However, implementation of asphalt layers cannot be proposed for branch lines carrying small transport volumes.

Asphalt Layers must be understood as an additional investment in quality, then it pays back its costs. It must not be implemented in order to reduce quality in sub-layers, by for example reducing the thickness of the frost-layers.

# Austrian Railways Implementation

Consequently asphalt layers of 8 cm to 12 cm form a <u>standard element</u> for new high capacity and high speed lines in Austria.

Due to the long interruption of operation installing of asphalt layers are not proposed within track re-investment and maintenance operations.

Reference: Dr. Peter Veit University of Graz November 24, 2014

Picture a to c: new Koralm link Picture d: Schoberpass-line, built in 1991



### **Concluding Comments**

The majority of Railroad Trackbed and Roadbed Designs on the U.S. Railroad System Evolved mainly through Trial and Error; later based on Empirical Measures

Essentially all U.S. Trackbed/Roadbeds are composed of All-Granular Support Layers

Periodic Maintenance (surfacing) of the track is necessary to maintain the required Track Geometric Features

Each Trackbed Support Layer provides specific Qualities; Combined the Layers represent a System

Computer Systems (finite element/layered analysis) can be used to Design and Analyze Layered Track Structures – Kentrack was the featured Rational Procedure herein

Using the Computer System, the Relative Effects of Various Layer Compositions (Properties) and Thicknesses can be Evaluated – Sensitivity Analysis

### **Concluding Comments** (continued)

There is considerable interest presently by selected International Railway Agencies to develop Innovative Trackbed Structural Design Programs

There is considerable interest presently by selected International Railway Agencies to develop Innovative Trackbed Designs and Construction Techniques

Recent Innovative Trackbed Structural Designs and Construction Techniques for Italian, French and Austrian Railways were featured

The Incorporation of a Constituent Layer of Asphalt within the Track Structure and Follow-Up Performance Evaluations for the three Western European Railway Agencies were highlighted

The Asphalt Layer augments or replaces a portion of the Traditional Granular Support Layers providing documented Enhanced Properties to the Track Support Structure

