

1 **Operational Schedule Flexibility, Train Velocity and**
2 **the Performance Reliability of Single-Track Railways**

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1 ABSTRACT

2 Freight shippers and travelers demand a consistent level of service from transportation systems,
3 including railways. Inventory and train connections are more efficiently managed when the total
4 time for railways to move freight or passengers between origin and destination is predictable.
5 One approach to achieve consistency is structured operations where trains are dispatched
6 according to predetermined schedules. By precisely planning the meet and pass interactions to
7 match available track infrastructure, train delay is minimized, train velocity is increased and total
8 runtimes are highly predictable. In North America, the economics of transporting many freight
9 commodities requires a certain amount of schedule flexibility that results in sub-optimal train
10 conflicts and introduces additional train delay. Theoretically, the same total running time and
11 train velocity can be achieved under these flexible operations by increasing the maximum
12 allowable train speed on the line to compensate for the delays. To investigate the equivalency of
13 structured operations at lower speeds versus flexible operations at higher speeds, a representative
14 single-track route was simulated with Rail Traffic Controller. From a baseline minimum-delay
15 schedule, the experiment design increased both maximum allowable speed and schedule
16 flexibility to examine the interaction between these factors and the distribution of runtime and
17 train velocity response for various traffic volumes. Simulation results suggest a slight shift from
18 structured to flexible operations requires a substantial increase in operating speed to maintain
19 runtime and velocity. Decreasing schedule flexibility to facilitate reduced maximum operating
20 speed (and fuel and motive power savings) shows little return until operations become
21 completely structured.

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1 INTRODUCTION

2 Transportation systems, including railways, have a strong economic incentive to provide a high
3 level of service to freight shippers and travelers. Short travel times corresponding to high train
4 velocity minimize inventory holding costs and make passenger travel more competitive with
5 other modes. However, the level of service provided by railways is not just a function of the
6 travel time between origin and destination terminal but also its consistency and reliability. For
7 both passengers and shippers, consistent travel times allow for more precise planning of
8 connections between trains and to other modes. For freight shippers, inventory is more
9 efficiently managed when the total time for railways to move freight between origin and
10 destination is predictable. Inconsistent train running times and variation in train velocity requires
11 shippers to maintain more “safety stock” and increases costs (1).

12 As shown be the relative average train velocity for different types of freight service on
13 North American Class I railways (2), shipper demand for shorter and more consistent train
14 running times can be directly related to the value of the goods being shipped. Lower-value bulk
15 commodities tend to tolerate longer and more variable shipping times than higher-value and
16 time-sensitive freight. This distinction is of current importance to the rail industry as recent rail
17 traffic trends have seen a shift from lower-value bulk commodities to higher-value freight, often
18 via containerized intermodal service. Coal traffic has declined by over 20 percent since North
19 American freight rail traffic reached its peak in 2006, while intermodal and automotive traffic
20 carloads are steadily increasing in volume (3). Domestic package delivery companies, driven by
21 the upswing in online purchases, have contributed to the growth of premium domestic intermodal
22 traffic that requires strict transit times to meet customer commitments. At the same time, led by
23 Tesla Motors, there has been strong interest within the automotive industry to sell and deliver
24 cars directly to the customer via contracts with rail carriers (4). Chemical traffic can also be time
25 sensitive and in 2016, U.S Class I railroads originated 2.1 million carloads of chemicals, yielding
26 \$9.9 billion in gross revenue, up from \$6 billion in 2007 (5). Together, these recent railway
27 traffic trends suggest that demand for faster and more consistent rail transit times and train
28 velocity is intensifying.

29 Besides benefiting shippers, more consistent rail transit time and train velocity allows
30 railways to improve operations planning. Consistency is central to the “precision railroading”
31 concept as a way to reduce costs through improved efficiency and asset utilization (6).
32 Developing and consistently executing an operating plan requires some contingency for
33 inevitable delays and variation in train running time or precise methods to predict delays and
34 proactively adjust the plan in real time. Thus several researchers have investigated techniques to
35 predict the delay and train running times on single-track freight lines (8-14). Shih et al.
36 developed a model that can accurately predict train delay up to the 70th percentile using the
37 Bayesian Optimization approach (15). Davydov et al. created a stochastic model to estimate
38 reliability of service while considering mainline disruptions and train handling (16). Sogin et al.
39 considered the runtime impact of operating various combinations of passenger and freight traffic
40 on single and double track. Depending on the track configuration, incremental upgrades in speed

1 for passenger service increased freight train delay and variability in passenger train runtime (17).
2 In addition, Sogin et al. revealed that efforts to enhance allowable track class and curvature to
3 affect operating speed are valid alternatives to capital investments into additional main lines (18).
4 Recently researchers have begun to apply neural network and machine learning approaches to
5 estimating train delays and running time (19 - 20).

6 **Structured and Flexible Operations**

7 One approach to achieve consistency in train running times is to dispatch trains according to
8 predetermined schedules with a set timetable for passing each intermediate control point. Trains
9 carefully adhere to planned meet locations, dwell times and routes from origin to destination. By
10 precisely planning the train meets and overtakes to match available track infrastructure, train
11 delay is minimized, train velocity is increased and total runtimes are highly predictable (outside
12 of unplanned events such as equipment, track and signal failures). This type of operations has
13 been termed “structured operations” (21).

14 For North American freight railroads, the business objective of maximizing the length of
15 trains in carload freight service requires terminal operators and dispatchers to dynamically adjust
16 predefined train plans. Additional departure time flexibility is required in the event of
17 insufficient crew or locomotive availability, or train makeup requirements. After trains depart
18 terminals, running time flexibility is necessary to accommodate random disruptions such as
19 unanticipated meets or passes with other late trains, mechanical failures, signal failures,
20 temporary slow orders, or track inspection delays. As a consequence, predefined train operating
21 plans in North America are relatively imprecise compared to structured operations with
22 fixed timetables. Meet and overtake times and locations are dynamic, arranged by dispatchers
23 monitoring the progress of trains over a line. This operating style was named “improvised
24 operation” by Martland (21) and is termed “flexible operation” in this study.

25 In North America, to meet different business objectives and shipper demands for
26 consistent transit time, different types of freight trains operate at different points on a continuum
27 between pure structured and completely flexible operations. Premium intermodal trains have
28 published regular daily terminal departure times and guaranteed arrival times that place them
29 towards structured operations. Bulk unit trains may depart at different times during a given week
30 according to production schedules, placing them further towards completely flexible operations.

31 In this paper, the term “schedule flexibility” is used to describe the amount of variation in
32 departure time relative to a baseline train operating plan with target departure times. A
33 completely structured operation exhibits no schedule flexibility and all trains depart precisely at
34 their scheduled time. Operations with low schedule flexibility are more structured and have all
35 trains departing relatively close to set departure times. Operations with high schedule flexibility
36 have train departures distributed over a wider range around the planned departure time. A
37 completely flexible operation has trains departing randomly throughout each operating day.

38 Dick & Mussanov investigated the effect of varying amounts of schedule flexibility on
39 train delay for fixed volumes of homogeneous rail traffic on representative North American
40 single-track and partial-double-track lines (22). When starting from a fixed timetable with little

1 train delay, introducing schedule flexibility in the form of random variation in scheduled
 2 departure times caused an increase in average train delay. Small amounts of schedule flexibility
 3 created rapid increases in train delay but beyond a certain level of schedule flexibility, further
 4 increases in train delay were not observed. Other researchers have investigated the relative delay
 5 performance of different combinations of scheduled and flexible trains operating on the same
 6 corridor across a range of schedule flexibility and volume (23, 24). The results suggest it is
 7 difficult for scheduled trains to have a high level of service in the presence of flexible trains, and
 8 the effect is amplified as the line nears capacity. These previous studies of schedule flexibility
 9 were all performed for the same maximum allowable train speed (MAS) and largely considered
 10 average train delay as a measure of performance and capacity. This paper will expand upon this
 11 previous research to investigate the relationship between MAS, level of schedule flexibility,
 12 traffic volume and the distribution of both train running time and train velocity.

13 **Running Time, Delay, Velocity and MAS**

14 North American railroads monitor the performance and fluidity of their networks through various
 15 metrics including “train velocity”. Also termed “average train speed” or “network velocity”,
 16 train velocity is calculated by dividing the total distance traveled by the actual running time
 17 elapsed between origin and destination (2). The actual running time includes the time the train is
 18 in motion and the time the train is stopped waiting for other trains or other unexpected sources of
 19 delay once the train departs its origin terminal.

20 The actual running time can be divided into two parts: the minimum running time and
 21 train delay. The minimum running time is the time required for a train to traverse the rail line
 22 segment of interest with no stops for meets or conflicts with other trains, while obeying all MAS
 23 and considering the acceleration and braking capabilities of the train. The minimum running
 24 time is inversely proportional to the MAS on the line.

25 In North America, under flexible freight operations, train delay for a particular train is
 26 defined as the difference between its minimum running time and its actual running time. Train
 27 delay includes the time a train is stopped waiting for other trains. This is different from other
 28 international definitions of train delay where scheduled time spent dwelling in stations or for
 29 planned train meets is not considered as delay. As described above, previous research has
 30 demonstrated that train delay is proportional to the amount of schedule flexibility present in the
 31 operation under study. These relationships are summarized in the equations below.

32

$$Train\ Velocity = \frac{Total\ Distance}{Actual\ Running\ Time} = \frac{Total\ Distance}{Minimum\ Running\ Time + Train\ Delay}$$

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$$Minimum\ Running\ Time \propto \frac{1}{Maximum\ Allowable\ Speed}$$

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$$Train\ Delay \propto Schedule\ Flexibility$$

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Research Questions

In examining the above relationships, it is apparent that by increasing train delay, allowing for schedule flexibility decreases train velocity (and increases actual running time) compared to structured operations. Theoretically, the same total running time and train velocity can be achieved under flexible operations by increasing the MAS on the line. Increasing the MAS should effectively decrease the minimum running time to compensate for the additional delays created by flexible operations.

Competing against other railroads and highway transport, railroad operators must carefully control costs while fulfilling customer service commitments. Increasing MAS to compensate for schedule flexibility and maintain running times is not without its costs. Faster trains require higher horsepower-per-ton ratios, increasing fuel consumption and locomotive costs. Increased speeds may also require improvements to track infrastructure and increased maintenance. However, the alternative, building new track infrastructure to add capacity and directly mitigate the train delay due to schedule flexibility (22), may be more costly. Railroads should consider all infrastructure and operational alternatives when seeking to increase capacity and service reliability.

This paper seeks to investigate the equivalency of structured operations at lower speeds versus flexible operations at higher speeds. Through a better understanding of the interaction between schedule flexibility, MAS and traffic volume, railway practitioners can make more informed decisions involving trade-offs between these factors, desired train velocity and the distribution of running time on freight rail corridors.

To achieve this goal, this paper aims to address three specific research questions:

- How does the introduction of schedule flexibility alter the distribution of runtime and train velocity compared to structured operations?
- What increase in MAS is required to compensate for the additional delay introduced by flexible operations?
- Can decreasing schedule flexibility allow train velocity to be maintained while decreasing MAS?

To answer these questions, simulation experiments are conducted to determine the runtime and train velocity distribution for various combinations of traffic volume and MAS on a representative single-track rail corridor as it transitions from highly-structured to purely flexible operation. The remainder of the paper considers a baseline “return grid” structured operation and compares it to flexible operation at higher MAS to quantify the trade-off between MAS and schedule flexibility. The results of this study can streamline the decision-making process by establishing general guidelines for setting a combination of MAS, schedule flexibility and volume for a desired combination of reliability, train velocity and runtime.

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RAIL TRAFFIC CONTROLLER

The train runtime response for each experiment scenario described in the methodology section is determined via Rail Traffic Controller (RTC) simulation software. RTC is a rail traffic simulation software widely used in the rail industry, including, but not limited to, Amtrak, Class I railroads and consultants. RTC simulates dispatcher decisions in guiding trains along the specific routes to resolve meet and pass conflicts. General RTC model inputs include track layout, signaling, curvature, grades, train characteristics etc.

To determine the runtime response, each unique combination of schedule flexibility, MAS and volume in the experiment design is simulated in RTC for five days of rail traffic. To allow for variation in train departure times according to the schedule flexibility factor, each simulation is replicated ten times, providing 50 days of train runtimes. Each replication represents a specific departure time set by a uniform distribution over the departure item window. Runtime accumulated by individual trains during this 50-day period produces a runtime distribution that is normalized to develop a train velocity response for that element of the experiment design matrix. The average or different percentile responses for a simulation scenario can be plotted as a single data point in the results where appropriate.

METHODOLOGY

The overall experimental approach is to first establish a baseline schedule for a given traffic volume of trains. Structured operations according to this schedule are simulated with zero schedule flexibility and a MAS of 30 miles per hour. Once the baseline structured operations are established, schedule flexibility and/or MAS are increased, alone and in combination, and total runtime is observed. This process is repeated for different traffic volumes. The resulting data allowed for quantification of the relationship between schedule flexibility, MAS and traffic volume for a given level of service (measured by the 95th percentile of total runtime).

The same baseline route infrastructure was used for all of the cases with route parameters selected to be representative of North American infrastructure and operating conditions. The route consists of 240 miles of single-track mainline with terminals at each end. Passing sidings were placed 10 miles apart (Table 1).

TABLE 1 Infrastructure and train parameters for all scenarios

Parameter	Characteristic
Length of the route	240 miles
Siding Length	2 miles
Siding Spacing	10 miles
Structured Departure Interval	2 hours
Traffic Composition	Homogeneous, Bulk Freight
Locomotive Type	SD70 4300hp, 3 locomotives per trainset
Train Consist	115 railcars at 138 tons each
Operating Protocol	CTC 2-block, 3-aspect

To avoid confounding the experiment results with the effects of train heterogeneity, the traffic on the route consists of identical freight trains. The trains have characteristics representative of typical North American bulk unit freight trains (Table 1).

Baseline Schedule

To create a baseline schedule that minimizes delay for the simulated traffic volumes, trains were set to depart each terminal at even intervals according to the single-track return-grid operating model. Under this schedule pattern, train departures are evenly distributed during each 24-hour period. The train speed, departure interval and siding spacing align such that all train meets naturally occur at a limited number of passing sidings with minimal delay. Since the return-grid model makes various simplifications, trial and error iteration through RTC software simulation was used to verify the feasibility of the schedule and its ability to minimize delay for the route infrastructure. Small adjustments in the schedule parameters were made to account for factors such as acceleration and braking characteristics of the trains and signal clearance time.

Experiment Design

The experiment design includes three variable factors: volume, schedule flexibility and MAS, schedule flexibility and daily traffic volume. Each factor was simulated over a range of values or “levels” (Table 2) in a full-factorial design. Simulating all factorial combinations of the experimental factors was necessary to capture the non-linear response of runtime and delay to each factor.

TABLE 2 Experiment design factor levels

Experiment Design Factor	Number of Levels	Level Specification
MAS (mph)	6	30, 35, 40, 50, 60, 70 mph
Schedule Flexibility (± minutes)	8	0, 10, 40, 60, 120, 240, 480, 720 min
Volume (trains per day)	7	24, 28, 32, 36, 40, 44, 48 tpd

The MAS factor is adjusted by changing the MAS of each track segment on the route within the RTC simulation. For higher speeds, the MAS may not be achievable by some trains due to traffic density or the design of the route infrastructure. For speeds under 60 mph, the MAS was achieved for each train on the mainline track.

The schedule flexibility factor establishes the range of departure times for each train relative to the baseline schedule. Schedule flexibility is measured in minutes and defines the window of time for each random departure. For example, with +/- 60 minutes of schedule flexibility, a train set to depart at 4 AM in the baseline schedule will randomly depart between 3 and 5 AM. The exact departure time within this window for each simulation trial was randomly set by the RTC software according to a uniform distribution. The schedule flexibility factor level

1 of zero minutes corresponds to the structured baseline schedule, with no deviation in departure
2 time. For higher factor levels, the actual departures are randomized over increasingly larger
3 windows up to +/- 720 minutes (+/-12 hours) where trains depart each terminal randomly within
4 a 24-hour period in totally unscheduled operations. By including these extremes, a whole
5 spectrum of operations was considered, ranging from highly structured to completely flexible.

6 To vary the traffic volume, trains were added or removed from the initial baseline
7 schedules of 36 or 24 train departures. Trains were removed and added in pairs to maintain
8 directional balance. Removing four trains from the ideal schedule of 36 trains provides the initial
9 departure times for the scenarios with 32 trains per day. The remaining trains are not
10 reorganized into even intervals, but remain in their original departure slots to preserve the ideal
11 “return-grid” schedule. To increase traffic volume from 36 to 40 trains per day, four trains were
12 dispatched in two time slots used for two trains in the base-line schedule. For 44 trains per day,
13 the extra trains required doubling up traffic in four of the original time slots.

14 **Analysis**

15 To analyze the effects of the experimental factors on train performance, and the tradeoffs therein,
16 different analytical methods are used. To observe the range of train performance for a given
17 scenario, cumulative runtime and train velocity curves are compared. To track the influence of
18 the experimental factors, a regression of runtimes at the 95th percentile is created, and arc
19 elasticity is observed. In addition to the 95th percentile, 18 iterative regressions (5th–95th) are
20 performed to demonstrate how the influence of the experimental factors varies at different levels
21 of performance. The arc elasticity of the 5th percentile is compared to the 95th percentile.

22 **Use of Runtime and Train Velocity to Measure Performance**

23 Although train delay is a common metric for North American railroad performance, for the
24 purposes of this study, runtime and train velocity are more appropriate. Delay can measure
25 congestion but railway service is related to network velocity, and therefore runtime. When MAS
26 varies, it is difficult to assess the service performance among the different cases using delay
27 alone. For example, a higher-speed train can incur more delay than a lower-speed train but still
28 have a higher network velocity and a shorter overall runtime. Therefore, for this experiment,
29 total runtime and train velocity are the preferred metrics for evaluating train performance, not
30 delay. Since some scenarios show great variation in train runtime performance, a 95th percentile
31 runtime was analyzed instead of a mean value. Analyzing the 95th percentile provides a better
32 measure of the reliability and consistent level of service desired by railway customers.

33 **RESULTS**

34 **Consistency of Train Velocity and Runtime Performance**

35 Cumulative distributions of train velocity and runtime for different MAS can be compared to
36 determine the relative performance penalty for operating with various levels of schedule
37 flexibility at different traffic volumes (Figure 1a-d). Each data series represents the speed–
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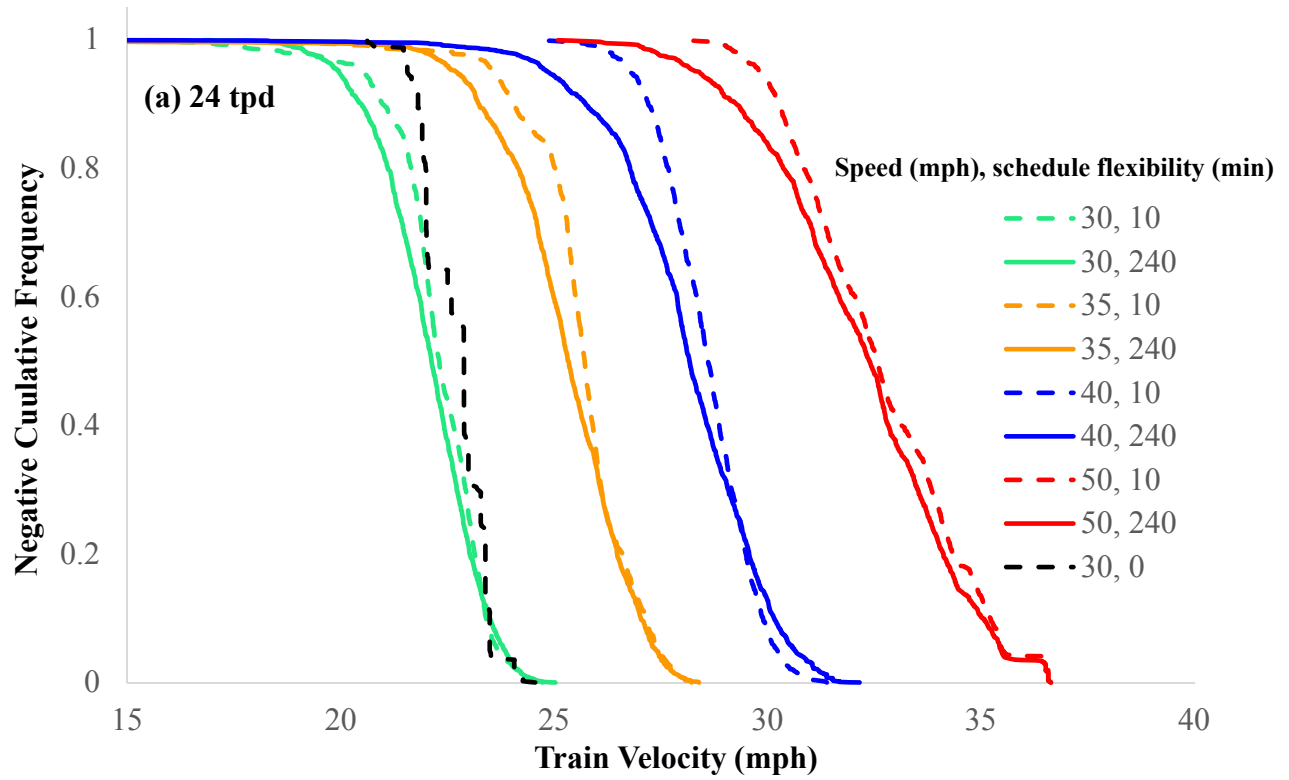
1 schedule flexibility combination for a given traffic volume. It had previously been observed that
2 runtime is most sensitive to schedule flexibility values between 0 and 240 minutes (22) so that
3 range is displayed. The four groupings of cumulative curves denoted by different colors
4 correspond to 30, 35, 40 and 50 mph MAS. For 30 mph MAS, structured operations with zero
5 minutes of schedule flexibility is represented by the dotted black curve; all other curves are a
6 permutation of flexible operations.

7 The negative cumulative distributions of train velocity (Figure 1a and 1b) indicate the
8 fraction of trains in a particular scenario that achieve a train velocity greater than the value on the
9 horizontal axis. As expected on single track, for all scenarios, the highest train velocity is well
10 below the MAS and very few trains achieve this velocity. The velocity of these best-performing
11 trains shows little sensitivity to schedule flexibility. The velocity of worse-performing trains is
12 negatively impacted by the introduction of schedule flexibility. At the higher traffic volume of
13 36 trains per day, the worst-performing trains can achieve higher velocity through more
14 structured operations compared to flexible operations at slightly higher MAS.

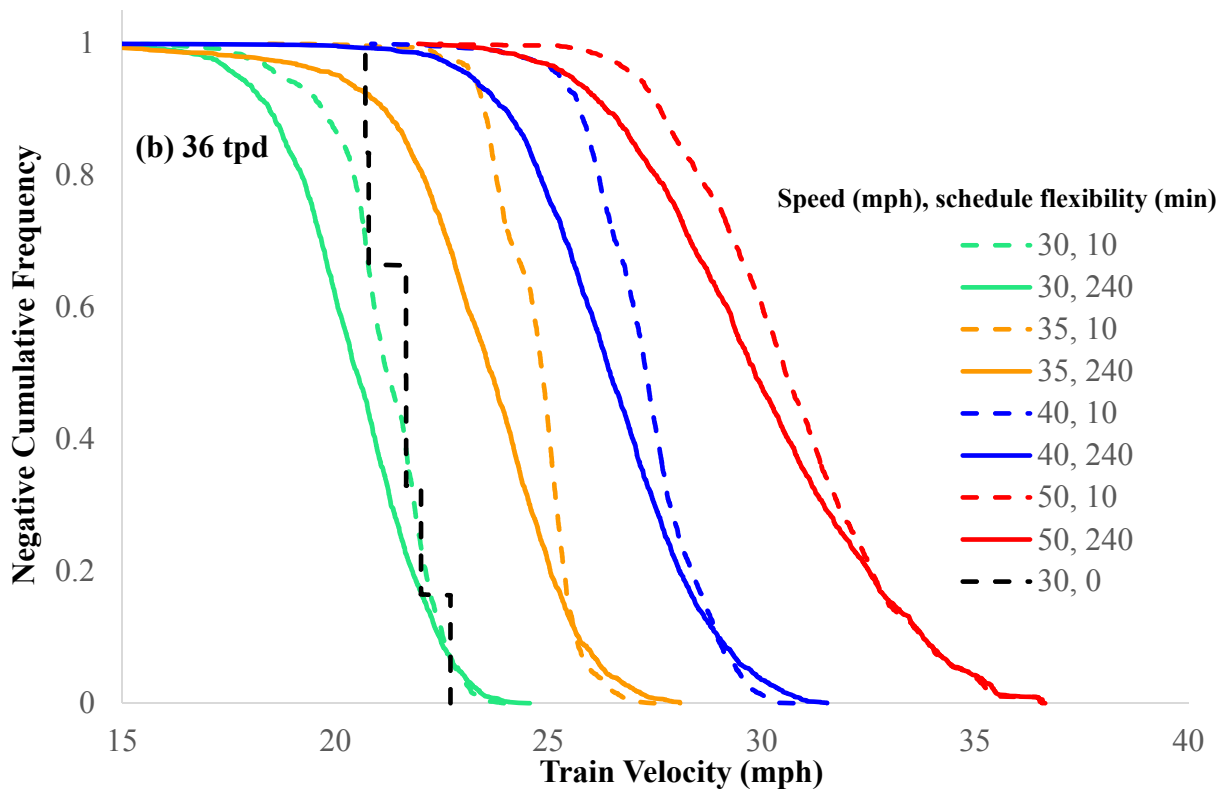
15 Comparing the cumulative runtime distributions (Figure 1c and 1d) highlights
16 intersections that indicate equivalent performance from different combinations of MAS and
17 schedule flexibility for a given traffic volume. Data sets with different MAS do not intersect
18 until the 80th percentile. Train runtime performance is largely dictated by MAS rather than
19 schedule flexibility. This is especially relevant in under-capacity situations (lower traffic volume
20 of 24 trains per day) where there is excess track infrastructure to resolve the additional traffic
21 conflicts induced by schedule flexibility, resulting in a lesser effect on runtime (Figure 1c).

22 In the scenario with 36 trains per day, higher MAS but more flexible operations may have
23 similar runtime performance to slower trains with more structured operations (Figure 1d). As
24 indicated by the black circles in the figure, this tradeoff is observed exclusively in cumulative
25 percentages exceeding 80 percent; those below this threshold do not display this tradeoff. For
26 instance, structured operations with a MAS of 30 mph intersect with operations running at 35
27 mph at 240 min of schedule flexibility. Both scenarios have 90-95 percent of trains with less than
28 11.5 hours of runtime.

29 An increase in traffic volume leads to a wider runtime distribution and lower reliability.
30 For both volume data series, higher MAS leads to a narrower runtime distribution. With a faster
31 MAS, trains can resolve conflicts more quickly due to decreased travel times between sidings.
32 Railway practitioners aiming to push for more reliable service should be opting for lower
33 volumes and higher speeds or more structured operation. The narrowest runtime distribution is
34 achieved by structured operations with no schedule flexibility. Structured operations with 36
35 trains per day at 30 mph MAS surpasses the reliability of flexible operations with 24 trains per
36 day at 50 mph MAS. Even though structured operations has some variation in runtime, the
37 individual train symbols within the daily schedule do not have different runtimes each operating
38 day; the variation only occurs between different train symbols based on the number of train
39 meets they encounter. Thus, the service provided to individual shippers under scheduled
40 operations is highly consistent.

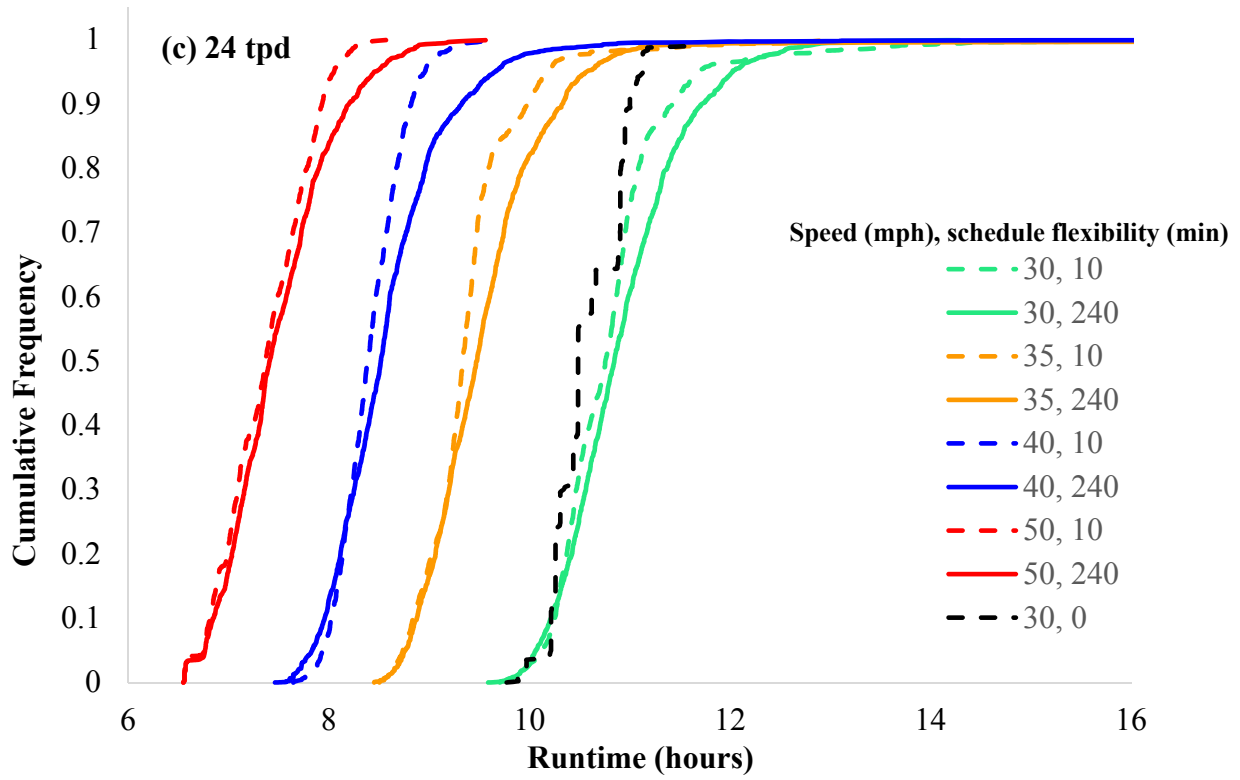


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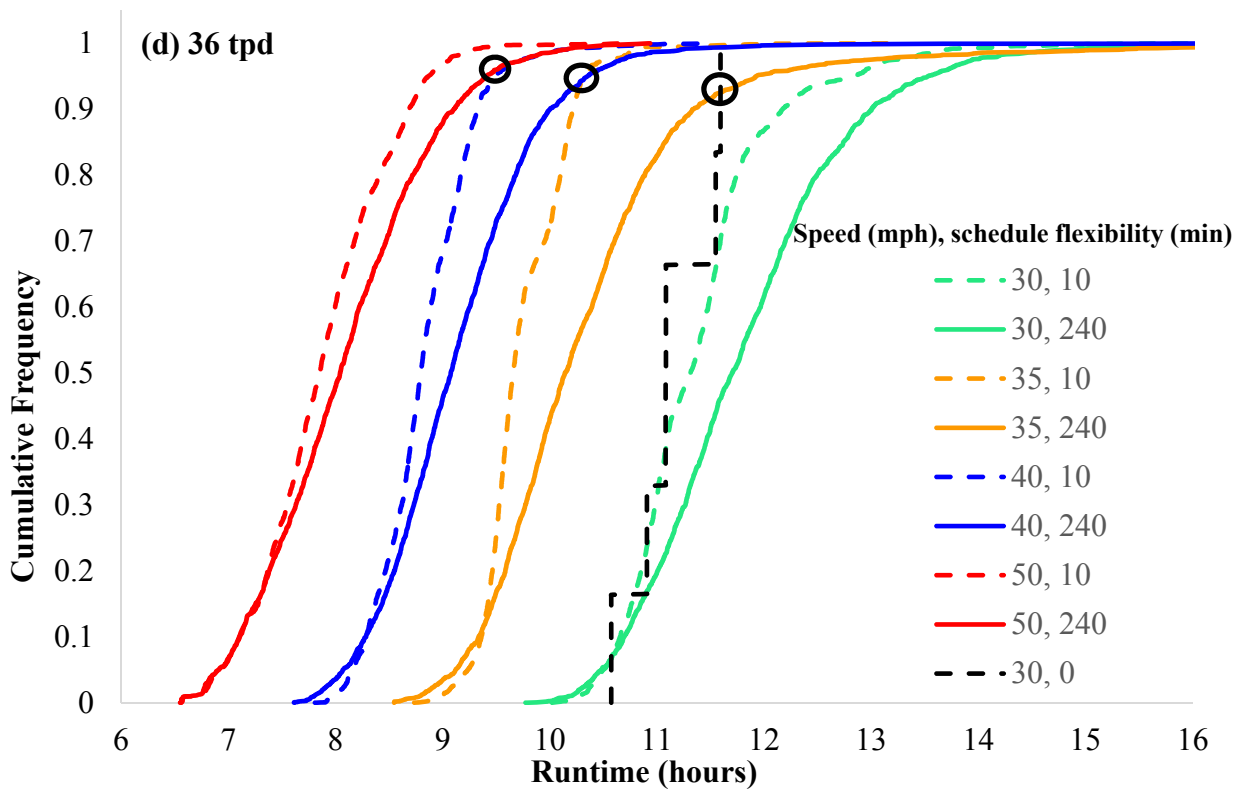


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3 **FIGURE 1 Negative cumulative frequency distribution of train velocity (a-b) and**
4 **cumulative frequency distribution of runtimes (c-d) for 24 and 36 trains per day**



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3 **FIGURE 1 (continued) Negative cumulative frequency distribution of train velocity (a-b)**
 4 **and cumulative frequency distribution of runtimes (c-d) for 24 and 36 trains per day**

1 The 95th percentile train velocity was plotted for each combination of MAS and schedule
 2 flexibility for both 24 and 36 trains per day (Figure 2a and 2b). Both graphs display a linear
 3 function with similar slopes for all levels of schedule flexibility and a steeper slope for structured
 4 operation. As MAS is increased, structured operation sees a greater increase in train velocity
 5 compared to the scenarios with schedule flexibility. The greater the schedule flexibility, the less
 6 train velocity benefit is obtained from increases in MAS. A slight shift from structured to
 7 flexible operation (black 0 minutes to blue 10 minutes line) leads to a steep penalty in 95th
 8 percentile train velocity. For both traffic volumes, approximately the same (or faster) 95th-
 9 percentile train velocity can be achieved with a lower 35 mph MAS and structure operations and
 10 a higher 50 mph MAS and 240 minutes of schedule flexibility. Achieving the same train
 11 velocity with lower MAS could allow for less stringent maintenance standards and potential fuel
 12 savings. The maintenance and fuel costs of higher MAS to maintain a baseline train velocity
 13 represent another potential cost of introducing schedule flexibility.

14 **Regression Analysis of Train Runtime**

15 After the scenarios were simulated, a multivariable regression model was constructed to predict
 16 95th percent runtime performance based on MAS, schedule flexibility, and volume as inputs
 17 (Equation 1).
 18

$$19 \quad R = 29.2 + 0.12V - 0.96S + 0.0045F + 0.00062V^2 + 0.01S^2 \quad (1)$$

$$20 \quad -4 \times 10^{-6}F^2 - 0.002VS + 0.00008VF - 0.000084SF$$

21 where,

22 R is the 95th percentile runtime (minutes);

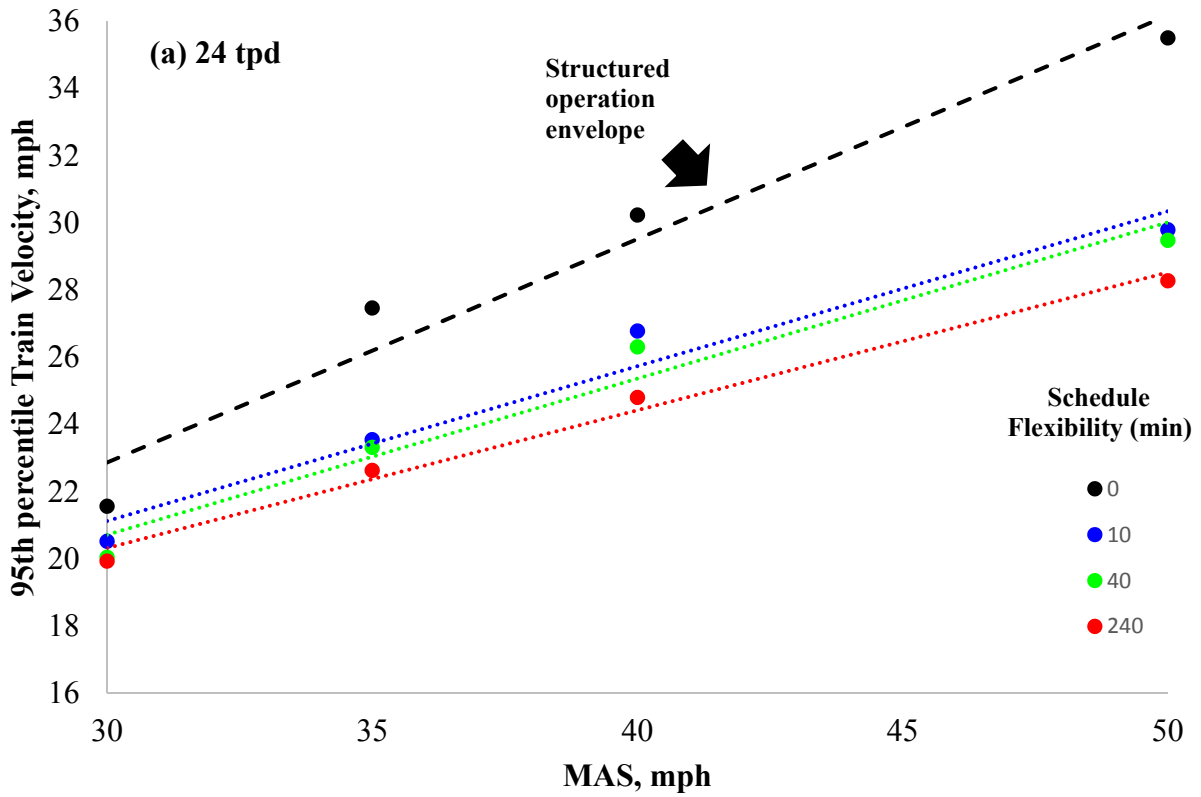
23 V = volume (trains per day);

24 S = MAS (mph)

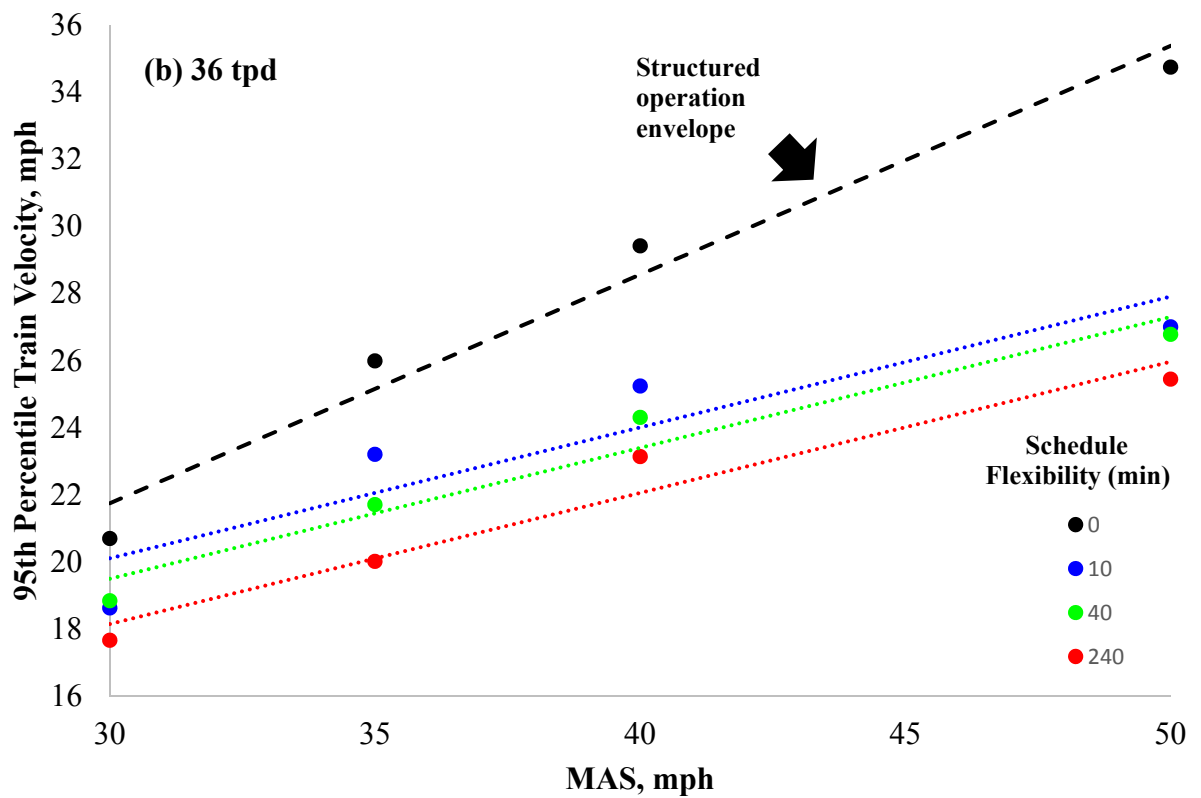
25 F = schedule flexibility (minutes)

26 The model has an R-squared of 0.97 and significant interactions with p-values below 0.01.
 27 Thus, the model should be a good predictor of the runtime for the range of simulated factor
 28 levels. By examining the combinations of schedule flexibility and MAS that correspond to a
 29 given 95% runtime, the data can be transformed to illustrate the relationship between schedule
 30 flexibility and MAS required to provide a particular 95th percentile runtime for a given traffic
 31 volume (Figure 3a and 3b).

32 Starting from structured operations (zero minutes of schedule flexibility), initial increases
 33 in schedule flexibility require an increase in MAS to maintain runtime. At a certain MAS the
 34 operation is unaffected by further increases in schedule flexibility. To maintain the desired
 35 runtime, a railway operator may not need to further increase MAS once schedule flexibility
 36 approaches 480 minutes.

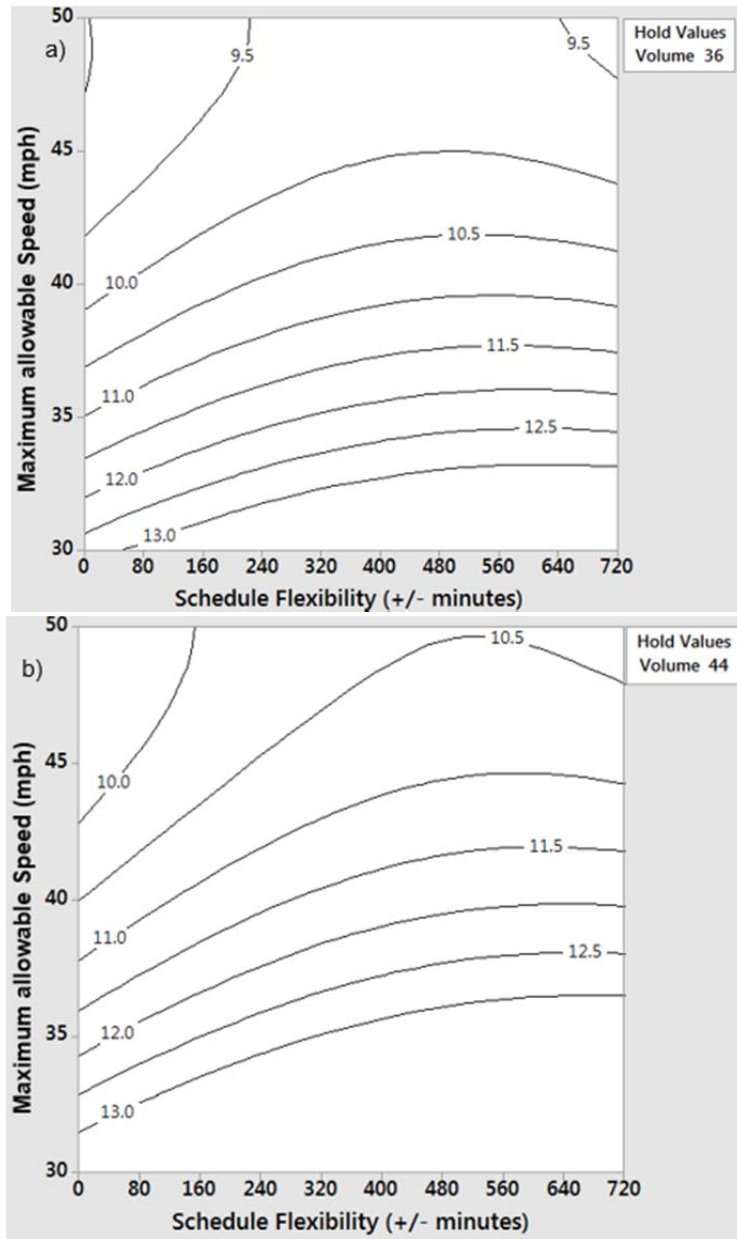


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3 **FIGURE 2 95th percentile train velocity for combinations of schedule flexibility and MAS**
4 **with a) 24 and b) 36 trains per day**



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3 **FIGURE 3 Relationship between schedule flexibility and MAS under contours of fixed**
 4 **runtime in hours for a) 36 trains per day and b) 44 trains per day**

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6 The tradeoff between schedule flexibility and MAS is more apparent at MAS above 40
 7 mph. Speed must increase sharply to maintain a given runtime when schedule flexibility is
 8 initially increased. Higher volumes, such as 44 trains per day, are also more sensitive to the
 9 initial increase in schedule flexibility, and therefore require higher speeds to maintain runtime
 10 (Figure 3b). At 44 trains per day, structured operations must shift from 40 to 50 mph service to
 11 maintain a 10.5-hour runtime during a major disruption that introduces substantial schedule
 12 flexibility. To be immune to such disruptions, the MAS must be kept at 50 mph.

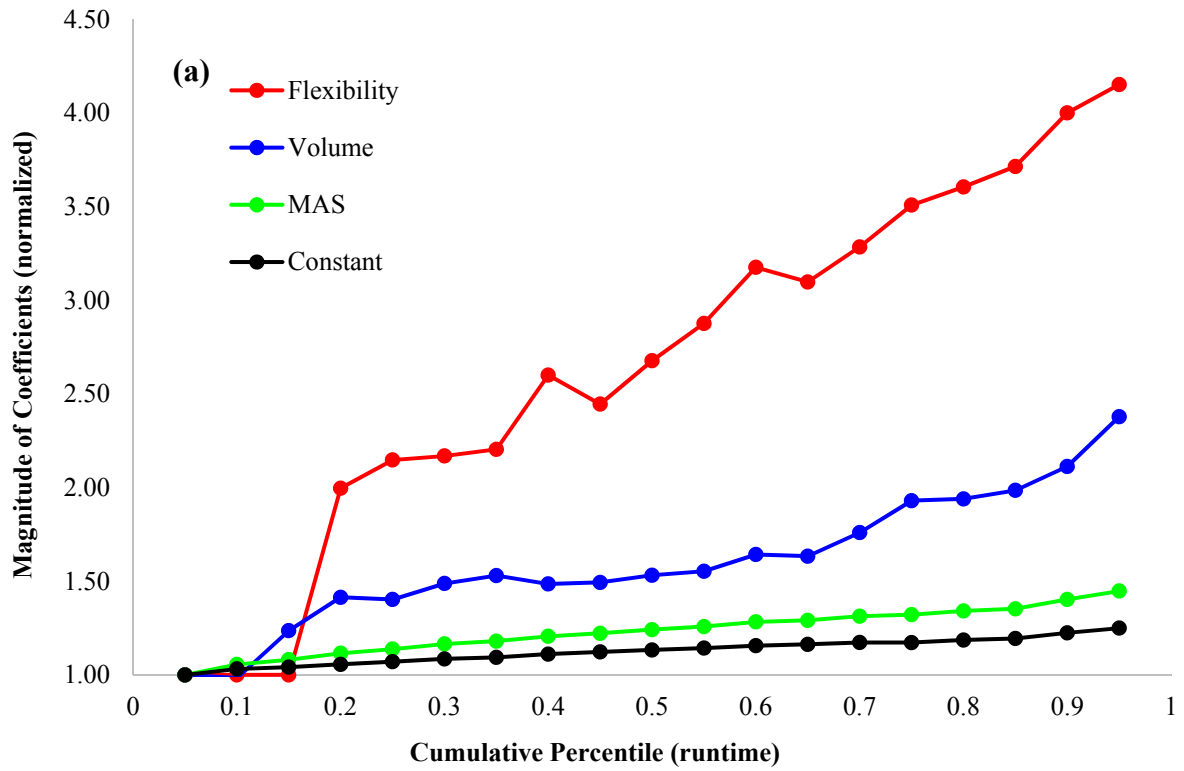
1 From the perspective of a capacity planner, these results suggest that when structured
2 operations encounter small disruptions, speed increases may be necessary to maintain runtime
3 performance. To ensure efficient operations, planners could opt for a faster MAS that ensures
4 runtime regardless of schedule flexibility. Conversely, if a planner is confident in their ability to
5 maintain structured operations, they have the ability to lower the MAS. Lower MAS has the
6 benefit of reduced track maintenance, reduced fuel consumption and lower horsepower-per-ton
7 ratios that may even reduce the number of locomotives required on some trains.

9 **Runtime Curve Regression**

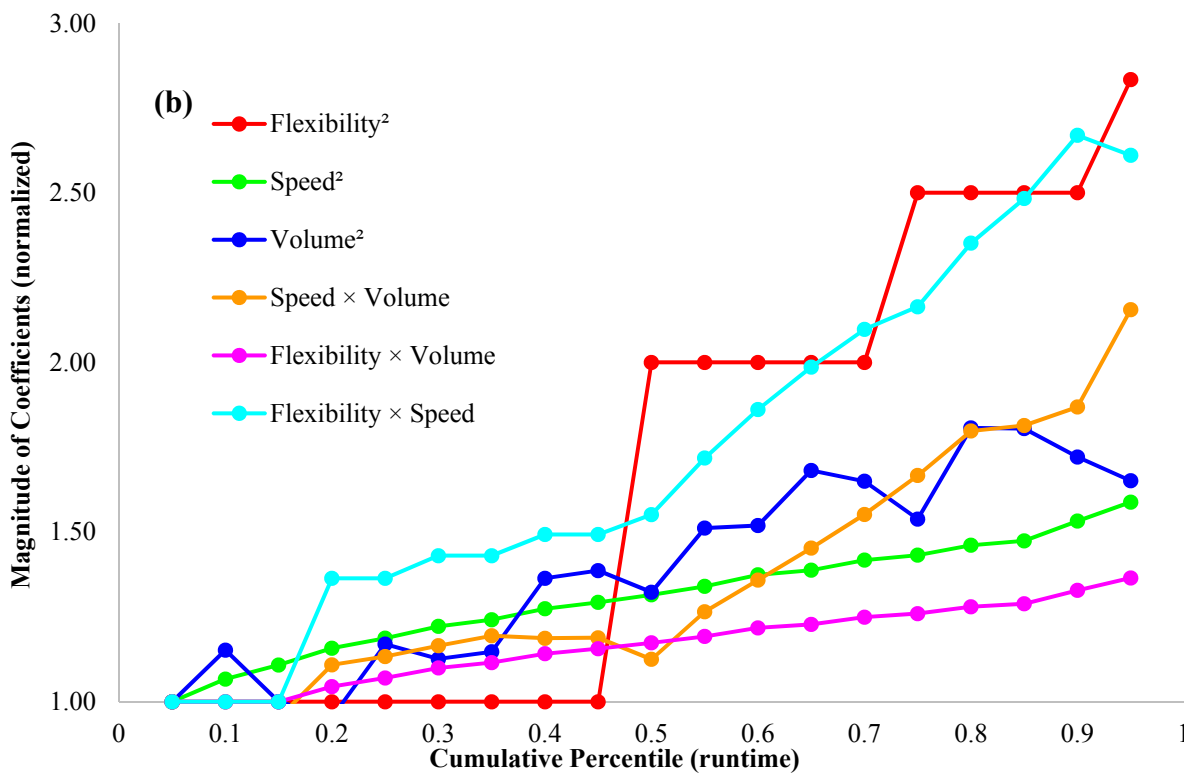
10 Although the 95th percentile runtime is important, not all train operations can be dictated from
11 one metric that does not fully capture reliability. All levels of train velocity and runtime
12 performance may be relevant to railways. The entire distribution of train runtime performance
13 must be assessed to properly quantify reliability.

14 Rather than fitting a Weibull curve or other distributions to the data, this research
15 employed a different approach to quantify reliability and its relationship to different
16 experimental factors. A set of 18 regressions were performed at intervals between the 5th and
17 95th percentile runtime in increments of five percent, using the regression methodology described
18 previously. All the models have an R-squared of at least 0.97 and significant interactions with p-
19 values below 0.01. The resulting set of expressions can be used to model the entire runtime
20 distribution with volume, MAS and schedule flexibility as inputs, and percentiles of runtime as
21 the output. Comparing the cumulative raw data with the cumulative curves developed through
22 the regression process suggests these three experimental factors are together good predictors of
23 runtime at all levels of performance.

24 From the perspective of the service planner, the method of constructing a model of
25 runtime distribution curves from a series of regressions on raw data can provide additional
26 insight on the changing relative impact of speed, volume and schedule flexibility parameters on
27 different runtime percentiles. In comparing the regression equations used to predict the different
28 percentiles of the runtime distribution, the relative influence of each factor changes across the
29 percentiles. Since the magnitudes of each coefficient in the regression differ greatly, to illustrate
30 the relative change of each coefficient across the percentiles, the coefficients for each term in
31 model were normalized relative to their values in the regression equation for the 5th percentile
32 and then plotted across all percentiles (Figure 4). For the first-order coefficients (Figure 4a),
33 schedule flexibility shows the greatest relative change from the 5th percentile to the 95th
34 percentile while volume also shows increasing importance beyond the 70th percentile. In contrast,
35 MAS and the constant coefficient remain mostly stable even in the higher percentiles. For the
36 second-order coefficients (Figure 4b), those with flexibility and/or volume show the greatest
37 relative change with increasing percentile. For service planners, this relative magnitude
38 comparison indicates that higher-percentile runtimes are increasingly sensitive to changes in
39 volume and schedule flexibility while the influence of MAS remains relatively constant.



1



2

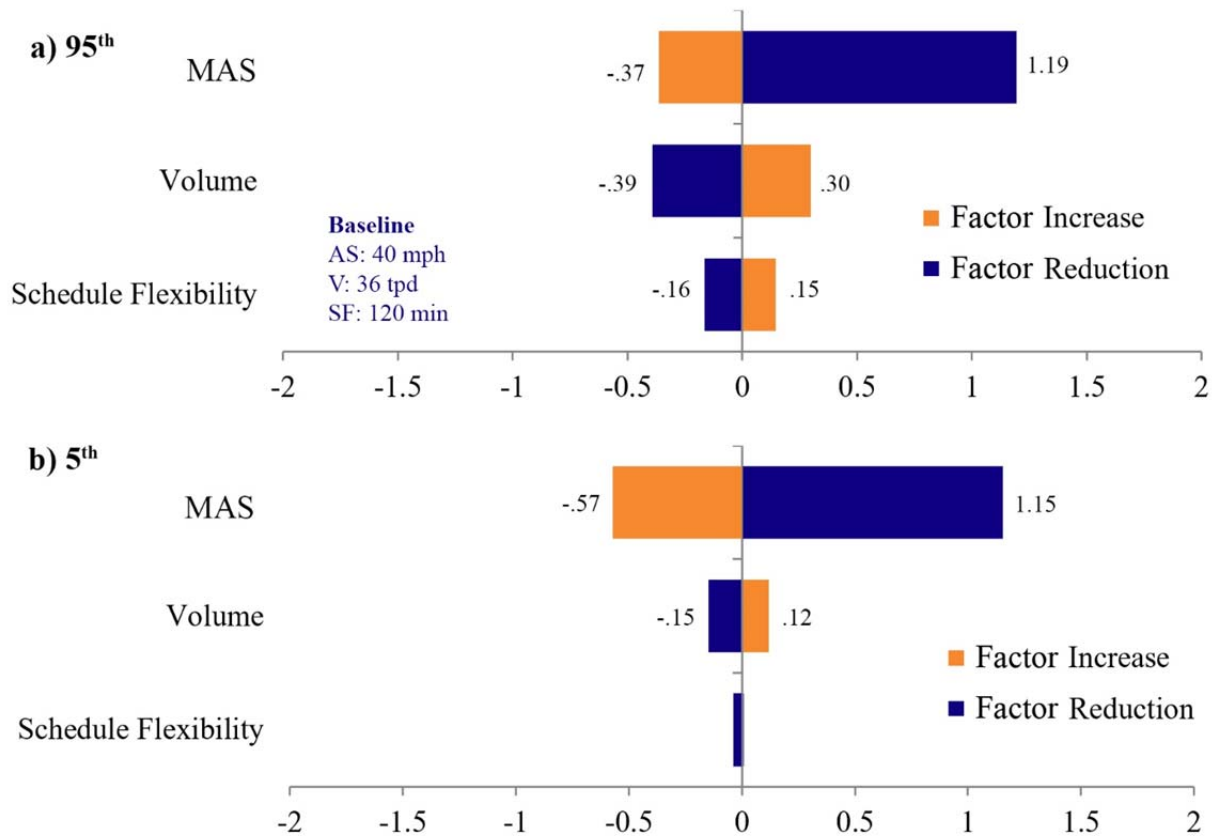
3 **FIGURE 4 Magnitude of regression model coefficients for different percentiles of runtime**
 4 **normalized relative to 5th-percentile coefficients**

1 **Elasticity of Factors to Freight Train Runtime**

2 To better quantify the relative influence of each parameter, arc elasticity was calculated for each
 3 factor (25). The elasticity index is used to demonstrate the relative influence of the factors
 4 considered in this study on train runtime. It is an appropriate index, since it considers the
 5 different magnitudes of each regression input to provide valid factor comparisons regardless of
 6 the original units and numeric ranges. The elasticity values are obtained using runtime values
 7 provided by the regression model and varying the three factors from baseline conditions. The
 8 positive and negative elasticities are related to maximum increase or decrease in the value of
 9 each respective factor.

10 According to elasticity values (Figure 5), runtime is most sensitive to changes in the
 11 MAS. This is not an unexpected result as MAS is obviously linked to runtime; it is the relative
 12 sensitivity of MAS and the other factors that is of interest. A one percent reduction in train
 13 speed leads to a 1.19% increase in runtime, whereas a one percent increase in train speed
 14 corresponds to 0.36% reduction in average train runtime. This runtime saving is equivalent to
 15 reducing the volume in the route. Faster trains operating at a higher volume will have greater
 16 conflict resolution than a slower train operating in a lower volume setting.

17



18

19 **FIGURE 5 Elasticity of a) 95th percentile and b) 5th percentile runtime to factors AS =**
 20 **allowable speed, V = volume and SF = schedule flexibility.**

1 Second to speed, traffic volume is the most significant factor with more traffic resulting
2 in higher runtimes. The elasticity suggests that a reduction in volume has a bigger effect than an
3 increase. Schedule flexibility had a very small effect on overall runtime in comparison to MAS
4 and volume.

5 In addition to the elasticity index based on the 95th percentile, the elasticity at the 5th
6 percentile demonstrates how the influence of the experimental factors varies at different levels of
7 train performance. Compared to the 95th percentile, the 5th percentile is much less sensitive to
8 changes in schedule flexibility and volume. At low percentiles, changes in schedule flexibility
9 do not affect runtime to the same extent as trains with much longer runtimes. The 5th percentile
10 trains operate relatively freely, and extra meet pass interactions due to increased schedule
11 flexibility are less impactful to runtime performance. Similarly, volume increases have less
12 influence on 5th percentile runtime performance because this percentile of trains tends to stay
13 very close to ideal train paths.

14 The performance of the best 5 percent of trains is primarily driven by the MAS while the
15 performance of the worst 5 percent of trains is more related to traffic volume and schedule
16 flexibility. From the perspective of a capacity planner, these relative effects are of interest if
17 only a portion of the traffic on a route is premium service that demands high train velocity and
18 consistent runtimes under increasing schedule flexibility.

19 20 **CONCLUSIONS AND FUTURE WORK**

21 For a given track infrastructure and fixed volume, runtime increases and train velocity decreases
22 as schedule flexibility increases. Consistent with previous research, runtime conditions became
23 insensitive to further increases in schedule flexibility above 120 minutes. Reducing schedule
24 flexibility with the desire to decrease MAS showed little return until operations became more
25 structured.

26 Rail operators can mitigate increases in runtime due to increased schedule flexibility by
27 increasing the MAS of trains, particularly at lower initial speeds. Conversely, by moving from
28 flexible operations to structured operations, small decreases in MAS can be made while
29 maintaining train velocity and total runtime. Although these decreases in MAS may decrease fuel
30 consumption, for the tested conditions, the small decrease in MAS is unlikely to result in large
31 savings from reduced track maintenance and fewer locomotives assigned to trains.

32 An increase in schedule flexibility or traffic volume leads to a wider runtime distribution
33 and lower reliability while higher MAS leads to a narrower runtime distribution. The most
34 consistent performance with a narrow runtime distribution is achieved by structured operations
35 with no schedule flexibility. Structured operations with higher volumes and lower allowable
36 speed can surpass the runtime reliability of flexible operations with fewer trains and higher
37 speeds. An added benefit of the slower structured operations is that on a train-by-train basis,
38 daily runtimes are more consistent potentially offering a more predictable level of service to
39 railway customers.

1 The factors of volume and schedule flexibility showed significantly less effect on the best
2 performing trains, while MAS remained dominant. The iterative regression model was able to
3 predict the entire runtime distribution based on the three experimental factors. To create a more
4 robust model, additional experimental factors could be introduced and added to the iterative
5 regression to predict the runtime curve of more complex traffic. Introducing various random
6 disruptions during scheduled operation and allowing increased velocity to return to scheduled
7 path could be another take on the problem.

8 This study only considered the “line of road” performance of trains between terminals.
9 Future work will consider the influence of schedule flexibility on the performance and reliability
10 of yards and terminals and the resulting contribution to overall freight transit times. Through this
11 future work there is potential to link the delay and speed-related costs of schedule flexibility to
12 decisions to deviate from planned schedules to maximize the revenue of individual trains. This
13 future work could influence railroad operating practices as they compete with highways for
14 freight with increasing demand for highly-reliable and predictable service times.

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